# D.C. Office on Aging

www.dcoa.dc.gov

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Description	FY 2014 Actual	FY 2015 Approved	FY 2016 Proposed	% Change from FY 2015
Operating Budget	\$36,684,710	\$43,267,960	\$41,212,882	-4.7
FTEs	51.8	63.0	61.0	-3.2

The mission of the District of Columbia Office on Aging (DCOA) is to advocate, plan, implement, and monitor programs in health, education, employment, and social services that promote longevity, independence, dignity, and choice for older District residents (age 60 plus), persons living with disabilities (age 18 to 59), and their caregivers.

## **Summary of Services**

DCOA provides information, assistance, and outreach to District seniors, people living with disabilities, and their caregivers in order to increase awareness and access to services and supports that will enable them to maintain their independence and quality of life in the community. The agency also offers adult day care; advocacy and legal services; caregiver respite and support; case management; education and employment training; fitness, health, and wellness promotion; in-home support; long-term care counseling and support; nutrition counseling; recreation; and essential medical transportation that allow older District residents to age in place.

The agency's FY 2016 proposed budget is presented in the following tables:

## FY 2016 Proposed Gross Funds Operating Budget, by Revenue Type

Table BY0-1 contains the proposed FY 2016 agency budget compared to the FY 2015 approved budget. It also provides FY 2013 and FY 2014 actual expenditures.

#### Table BY0-1

(dollars in thousands)

					Change	
	Actual	Actual	Approved	Proposed	from	Percent
Appropriated Fund	FY 2013	FY 2014	FY 2015	FY 2016	FY 2015	Change*
General Fund						
Local Funds	18,912	27,884	32,974	31,369	-1,605	-4.9
Total for General Fund	18,912	27,884	32,974	31,369	-1,605	-4.9
Federal Resources						
Federal Grant Funds	7,013	7,325	7,736	7,815	79	1.0
<b>Total for Federal Resources</b>	7,013	7,325	7,736	7,815	79	1.0
Intra-District Funds						
Intra-District Funds	1,679	1,475	2,558	2,029	-529	-20.7
Total for Intra-District Funds	1,679	1,475	2,558	2,029	-529	-20.7
Gross Funds	27,603	36,685	43,268	41,213	-2,055	-4.7

<sup>\*</sup>Percent change is based on whole dollars.

**Note:** If applicable, for a breakdown of each Grant (Federal and Private), Special Purpose Revenue type and Intra-District agreement, please refer to **Schedule 80 Agency Summary by Revenue Source** in the **FY 2016 Operating Appendices** located on the Office of the Chief Financial Officer's website.

## FY 2016 Proposed Full-Time Equivalents, by Revenue Type

Table BY0-2 contains the proposed FY 2016 FTE level compared to the FY 2015 approved FTE level by revenue type. It also provides FY 2013 and FY 2014 actual data.

#### Table BY0-2

Appropriated Fund	Actual FY 2013	Actual FY 2014	Approved FY 2015	Proposed FY 2016	Change from FY 2015	Percent Change
General Fund	F 1 2013	1 1 2014	F 1 2013	11 2010	F 1 2013	Change
Local Funds	19.2	30.5	33.0	34.0	1.0	3.0
Total for General Fund	19.2	30.5	33.0	34.0	1.0	3.0
Federal Resources						
Federal Grant Funds	9.5	7.1	10.0	10.0	0.0	0.0
Total for Federal Resources	9.5	7.1	10.0	10.0	0.0	0.0
Intra-District Funds						
Intra-District Funds	12.2	14.2	20.0	17.0	-3.0	-15.0
Total for Intra-District Funds	12.2	14.2	20.0	17.0	-3.0	-15.0
Total Proposed FTEs	40.9	51.8	63.0	61.0	-2.0	-3.2

## FY 2016 Proposed Operating Budget, by Comptroller Source Group

Table BY0-3 contains the proposed FY 2016 budget at the Comptroller Source Group (object class) level compared to the FY 2015 approved budget. It also provides FY 2013 and FY 2014 actual expenditures.

## Table BY0-3 (dollars in thousands)

Comptroller Source Group	Actual FY 2013	Actual FY 2014	Approved FY 2015	Proposed FY 2016	Change from FY 2015	Change Percent*
11 - Regular Pay - Continuing Full Time	2,271	1,879	2,557	2,254	-303	-11.8
12 - Regular Pay - Other	715	1,745	2,293	2,334	41	1.8
13 - Additional Gross Pay	43	63	0	0	0	N/A
14 - Fringe Benefits - Current Personnel	528	664	1,343	825	-518	-38.6
Subtotal Personal Services (PS)	3,556	4,351	6,193	5,413	-780	-12.6
20 - Supplies and Materials	76	117	120	133	13	10.9
31 - Telephone, Telegraph, Telegram, Etc.	18	143	0	157	157	N/A
40 - Other Services and Charges	1,109	902	1,372	591	-781	-56.9
41 - Contractual Services - Other	5,239	7,920	9,155	9,051	-105	-1.1
50 - Subsidies and Transfers	17,517	23,191	26,328	25,768	-560	-2.1
70 - Equipment and Equipment Rental	89	60	100	100	0	0.0
Subtotal Nonpersonal Services (NPS)	24,047	32,334	37,075	35,800	-1,275	-3.4
Gross Funds	27,603	36,685	43,268	41,213	-2,055	-4.7

<sup>\*</sup>Percent change is based on whole dollars.

#### **Program Description**

The District of Columbia Office on Aging operates through the following 4 programs:

**Consumer Information, Assistance, and Outreach** – provides information and assistance, special events, training, education, and employment services for District residents and caregivers so that they can be better informed about aging issues and maintain their independence.

This program contains the following 4 activities:

- **Employment Services** provides job counseling and placement opportunities for District residents age 55 or older so that they can gain and maintain employment;
- **Special Events** provides socialization, information, and recognition services for District residents age 60 or older to increase awareness of services provided, expand their social network, and project a positive image of aging;
- **Training and Education** provides consumer training for seniors and professional training for service providers and the general public to enhance their knowledge and increase their skills regarding policies and procedures affecting elderly programs and services; and
- Advocacy/Elder Rights supports elder rights protection and adult protective service activities that concur with relevant state laws, provides public education regarding elder abuse, and assists in resolving complaints between residents/families and nursing homes and other community residential facilities for seniors.

**In-Home and Continuing Care** – provides homemaker assistance, day care, nutrition, case management services, and caregiver support to allow older residents to age in place, in their own home.

This program contains the following 2 activities:

- In-Home and Day Care Services provides homemaker assistance, day care, nutrition, and case management services for frail District residents 60 years of age and older; and
- Caregivers Support provides caregiver education and training, respite, stipends, and transportation services to eligible caregivers.

**Community-Based Support** – provides residential facilities, elder rights assistance, health promotion, wellness, counseling, legal services, transportation, and recreation activities for District residents who are 60 years of age or older so that they can live independently in the community and minimize institutionalization.

This program contains the following 4 activities:

- **Health Promotion and Wellness** provides physical fitness, health screening, and wellness information for District residents age 60 or older to increase their health awareness and to adopt healthier behaviors;
- Community Services provides congregate and home delivered meals, transportation, recreation, counseling, volunteer activities, and legal services;
- Supportive Residential Facilities provides emergency shelter, supportive housing, advocacy, and aging-in-place programs; and
- Advocacy/Elder Rights supports elder rights protection and adult protective service activities that
  comply with relevant state laws, provides public education regarding elder abuse, and assists in resolving
  complaints between residents/families and nursing homes and other community residential facilities for
  seniors.

**Agency Management** – provides for administrative support and the required tools to achieve operational and programmatic results. This program is standard for all agencies using performance-based budgeting.

#### **Program Structure Change**

The District of Columbia Office on Aging has no program structure changes in the FY 2016 proposed budget.

## FY 2016 Proposed Operating Budget and FTEs, by Program and Activity

Table BY0-4 contains the proposed FY 2016 budget by program and activity compared to the FY 2015 approved budget. It also provides the FY 2014 actual data.

**Table BY0-4** (dollars in thousands)

	I	Dollars in Thousands Full-Time Equivalents			uivalents			
				Change				Change
Program/Activity	Actual FY 2014	Approved FY 2015	FY 2016	from FY 2015	FY 2014	Approved FY 2015	Proposed FY 2016	from FY 2015
(1000) Agency Management	112011	112010	112010	112010	112011	112010	112010	112010
(1010) Personnel	3,408	6,567	4,907	-1,659	24.3	37.0	38.0	1.0
(1040) Contracting and Procurement	928	993	660	-334	0.0	0.0	0.0	0.0
(1087) Language Access	3	12	12	0	0.0	0.0	0.0	0.0
Subtotal (1000) Agency Management	4,339	7,572	5,579	-1,993	24.3	37.0	38.0	1.0
(9200) Consumer Information, Assistance, and Outre	ach							
(9205) Employment Services	291	374	374	0	0.0	0.0	0.0	0.0
(9215) Special Events	199	223	223	0	0.0	0.0	0.0	0.0
(9220) Training and Education	1,769	2,603	2,274	-329	14.2	20.0	17.0	-3.0
(9222) Advocacy/Elder Rights	467	467	467	0	0.0	0.0	0.0	0.0
Subtotal (9200) Consumer Information, Assistance,								
and Outreach	2,726	3,667	3,337	-329	14.2	20.0	17.0	-3.0
(9300) In-Home and Continuing Care								
(9325) In-Home and Daycare Services	5,624	5,731	5,731	0	0.0	0.0	0.0	0.0
(9330) Caregivers Support	543	701	701	0	0.0	0.0	0.0	0.0
Subtotal (9300) In-Home and Continuing Care	6,166	6,431	6,431	0	0.0	0.0	0.0	0.0
(9400) Community-Based Support								
(9440) Health Promotion and Wellness	3,916	4,760	4,444	-316	4.1	6.0	6.0	0.0
(9450) Community Services	17,696	18,971	19,611	641	9.3	0.0	0.0	0.0
(9470) Supportive Residential Facilities	897	925	925	0	0.0	0.0	0.0	0.0
(9480) Advocacy/Elder Rights	844	943	885	-57	0.0	0.0	0.0	0.0
Subtotal (9400) Community-Based Support	23,353	25,598	25,866	267	13.3	6.0	6.0	0.0
(9960) Year-End Close								
No Activity Assigned	101	0	0	0	0.0	0.0	0.0	0.0
Subtotal (9960) Year-End Close	101	0	0	0	0.0	0.0	0.0	0.0
Total Proposed Operating Budget	36,685	43,268	41,213	-2,055	51.8	63.0	61.0	-2.0

(Change is calculated by whole numbers and numbers may not add up due to rounding)

Note: For more detailed information regarding the proposed funding for the activities within this agency's programs, please see Schedule 30-PBB Program Summary by Activity in the FY 2016 Operating Appendices located on the Office of the Chief Financial Officer's website.

#### **FY 2016 Proposed Budget Changes**

The District of Columbia Office on Aging's (DCOA) proposed FY 2016 gross budget is \$41,212,882, which represents a 4.7 percent decrease from its FY 2015 approved gross budget of \$43,267,960. The budget is comprised of \$31,369,065 in Local funds, \$7,814,809 in Federal Grant funds, and \$2,029,008 in Intra-District funds.

#### **Current Services Funding Level**

The Current Services Funding Level (CSFL) is a Local funds ONLY representation of the true cost of operating District agencies, before consideration of policy decisions. The CSFL reflects changes from the FY 2015 approved budget across multiple programs, and it estimates how much it would cost an agency to continue its current programs and operations into the following fiscal year. The FY 2016 CSFL adjustments to the FY 2015 Local funds budget are described in table 5 of this agency's budget chapter. Please see the CSFL Development section within Volume 1: Executive Summary for more information regarding the methodology used and components that comprise the CSFL.

DCOA's FY 2016 CSFL budget is \$33,123,983, which represents a \$150,061, or 0.5 percent, increase over the FY 2015 approved Local funds budget of \$32,973,922.

#### **CSFL Assumptions**

The FY 2016 CSFL calculated for DCOA included adjustment entries that are not described in detail on table 5. These adjustments were made for a net increase of \$28,916 in personal services to account for Fringe Benefit costs based on trend and comparative analyses, the impact of cost-of-living adjustments, and approved compensation agreements implemented in FY 2015, and an increase of \$121,145 in nonpersonal services based on the Consumer Price Index factor of 2.2 percent.

#### **Agency Budget Submission**

**Increase:** In Local funds, DCOA's budget proposal supports an increase of \$250,000 in the Community-Based Support program for transportation costs, which aids District residents who are 60 years of age or older to live independently in the community. The Fixed Costs estimate for information technology services provided by the Office of the Chief Technology Officer increased by \$157,142 to more accurately align with projected costs. Furthermore, personal services increased by \$69,280 to reflect projected salary changes, Fringe Benefits adjustments, and an additional 1.0 Full-Time Equivalent (FTE) in the Agency Management program for legal support.

In Federal Grant funds, an increase of \$128,956 aligns DCOA's nonpersonal services budget with projected grant awards.

**Decrease:** The agency has identified a net savings of \$476,422 in Local funds across multiple programs. The reduction occurred primarily in the Agency Management program due to a decrease in automotive maintenance and repair costs based on the Fixed Costs estimate from the Department of Public Works. Additionally, a decrease of \$49,868 in Federal Grant funds for personal services is a result of a reduced Fringe Benefits rate and adjustments to salary.

In Intra-District funds, the agency has Memoranda of Understanding (MOUs) in place with the Department of Health Care Finance (DHCF) and the Department on Disability Services (DDS). A decrease totaling \$201,165 aligns the budget with anticipated revenues from these MOUs to provide nursing home quality of care activities for seniors with visual and hearing challenges, and for the Long-Term Care Ombudsman program. Also, DCOA's budget was reduced by \$328,144 and 3.0 FTEs in the Consumer Information, Assistance, and Outreach program due to the completion of the Money Follows the Person Demonstration MOU with DHCF, which provided support services in nursing home transition and diversion services.

#### Mayor's Proposed Budget

Reduce: In the Agency Management program, DCOA's proposed budget for Local funds reflects a decrease of \$100,000 due to a reduced reliance on outside technical assistance for the D.C. Senior Village Sustainability and Expansion Project as a result of the contract being completed in the current fiscal year. An additional decrease of \$204,918 reflects a savings in contract and procurement activities for machine and information technology software maintenance, and a decrease of \$500,000 occurred in personal services due to salary lapse savings. Furthermore, the agency's budget proposal contains a reduction of \$1,000,000 to right-size funding for the Senior Wellness Centers. In Fiscal Year 2015, the agency received funds to expand the hours and days that the Senior Wellness Centers were open. However, utilization is low and uneven among the sites. The agency will use existing data on utilization to determine which sites will offer the extended evening and Saturday hours. This will still allow District seniors to access the wellness centers during extended hours, but locations will better match demand.

**Transfer-Out:** In the Community-Based Support program, DCOA's budget proposal reflects a transfer of \$250,000 to the Deputy Mayor for Health and Human Services (DMHHS) in support of the Age-Friendly D.C. Strategic Plan, which marks a significant step in the District's journey to become an age-friendly city under the terms of the World Health Organization (WHO) Age-Friendly Environments initiative.

#### **District's Proposed Budget**

**Enhance:** DCOA's FY 2016 proposed Local budget includes a one-time increase of \$300,000 in nonpersonal services in the Community-Based Support program. Of this amount, the agency will designate \$200,000 to support home-delivered meal services for seniors and \$100,000 to support a feasibility study and plan for a virtual Senior Wellness Center.

## FY 2015 Approved Budget to FY 2016 Proposed Budget, by Revenue Type

Table BY0-5 itemizes the changes by revenue type between the FY 2015 approved budget and the FY 2016 proposed budget.

#### Table BY0-5

(dollars in thousands)

DESCRIPTION	PROGRAM	BUDGET	FTE
LOCAL FUNDS: FY 2015 Approved Budget and FTE		32,974	33.0
Other CSFL Adjustments	Multiple Programs	150	0.0
LOCAL FUNDS: FY 2016 Current Services Funding Level (CSFL) B	udget	33,124	33.0
Increase: To support costs of existing program	Community-Based	250	0.0
	Support Program		
Increase: To align Fixed Costs with proposed estimates	Agency Management	157	0.0
Increase: To adjust personal services	Agency Management	69	1.0
Decrease: To align resources with operational goals	Multiple Programs	-476	0.0
LOCAL FUNDS: FY 2016 Agency Budget Submission		33,124	34.0
Reduce: Technical assistance for the D.C. Senior Village	Agency Management	-100	0.0
Sustainability and Expansion Project			
Reduce: Contract and procurement activities for software	Agency Management	-205	0.0
and machine maintenance			
Reduce: To reflect savings in personal services	Agency Management	-500	0.0
Reduce: Extended evening and Saturday hours for the	Agency Management	-1,000	0.0
Senior Wellness Centers		ŕ	
Transfer-Out: To DMHHS for Age-Friendly Strategic Plan	Community-Based	-250	0.0
	Support Program		
LOCAL FUNDS: FY 2016 Mayor's Proposed Budget		31,069	34.0
Enhance: To support meal delivery service for seniors	Community-Based	200	0.0
	Support Program		
Enhance: To support Seniors Wellness Center feasibility	Community-Based	100	0.0
study and plan	Support Program		
LOCAL FUNDS: FY 2016 District's Proposed Budget	20,500000000000000000000000000000000000	31,369	34.0
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FEDERAL GRANT FUNDS: FY 2015 Approved Budget and FTE		7,736	10.0
Increase: To align budget with projected grant awards	Multiple Programs	129	0.0
Decrease: To adjust personal services	Multiple Programs	-50	0.0
FEDERAL GRANT FUNDS: FY 2016 Agency Budget Submission		7,815	10.0
No Change		0	0.0
FEDERAL GRANT FUNDS: FY 2016 Mayor's Proposed Budget		7,815	10.0
No Change		0	0.0
FEDERAL GRANT FUNDS: FY 2016 District's Proposed Budget		7,815	10.0
		.,-	
INTRA-DISTRICT FUNDS: FY 2015 Approved Budget and FTE		2,558	20.0
Decrease: To align budget with projected revenues	Multiple Programs	-201	0.0
Decrease: To adjust personal services	Consumer Information,	-328	-3.0
	Assistance and Outreach		
INTRA-DISTRICT FUNDS: FY 2016 Agency Budget Submission		2,029	17.0
No Change		0	0.0
INTRA-DISTRICT FUNDS: FY 2016 Mayor's Proposed Budget		2,029	17.0
No Change		0	0.0
INTRA-DISTRICT FUNDS: FY 2016 District's Proposed Budget		2,029	17.0
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(Change is calculated by whole numbers and numbers may not add up due to rounding)

#### **Agency Performance Plan**

The agency's performance plan has the following objectives for FY 2016:

#### **Customer Information, Assistance, and Outreach**

**Objective 1:** Provide robust outreach efforts and disseminate critical information that brings about a greater awareness of aging services and issues in order to increase District residents' access and connectivity to programs, and to attract new and innovative services and campaigns.

**Objective 2:** Continue to develop active and vibrant neighborhoods that promote and create economic opportunity and support a high quality of life for the District's older adults and persons living with disabilities.

#### KEY PERFORMANCE INDICATORS

Customer Information, Assistance, and Outreach

	FY 2013	FY 2014	FY 2014	FY 2015	FY 2016	FY 2017
Measure	Actual	Target	Actual	Projection	Projection	Projection
Number of newly registered Smart911 residents	Not Available	1,000	603	700	750	800
Number of people receiving jobs with pay rate above minimum wage	Not Available	80	52	90	95	100
Percent of customers at Senior Wellness Centers self-reporting an increase in awareness and practice of healthy habits (annual survey)	90%	90%	92.5%	90%	90%	90%
Percent of decrease in food waste produced by meal programs at congregate meal sites	Not Available	Not Available	Not Available	20%	10%	10%

#### In-Home and Continuing Care/Community-Based Support

**Objective 1:** Continue to promote and expand prevention and resilience opportunities for vulnerable District residents in order to avoid premature nursing home placement by providing aging and disability resources in every ward of the city.

**Objective 2:** Enhance and maintain programs and services in the senior service network that encourage and sustain community living for seniors and people living with disabilities through the implementation of DCOA's five-year strategic plan.

### **KEY PERFORMANCE INDICATORS**

In-Home and Continuing Care/Community-Based Support

	FY 2013	FY 2014	FY 2014	FY 2015	FY 2016	FY 2017
Measure	Actual	Target	Actual	Projection	Projection	Projection
Number of people transitioned from nursing homes back to the community with the appropriate home and community-based supports and services	49	80	34	45	55	65
Number of people discharged from the hospital back to the community with the appropriate home and community-based supports and services	86	60	136	150	175	200
Number of people who received long-term care options counseling services through the Aging Disability Resource Center (ADRC)	800	680	1,441	2,000	2,600	3,200
Number of home-delivered meals served on Saturdays	Not Available	Not Available	65,915	134,400	138,000	142,000
Number of congregate meals served at Senior Wellness Centers on Saturdays	Not Available	Not Available	Not Available	7,500	8,250	9,075
Percent of recommended in-home modifications to prevent falls that were implemented	Not Available	Not Available	Not Available	50%	60%	70%
Percent of caregivers self-reporting an increased sense of emotional support through Memory Club	Not Available	Not Available	Not Available	100%	100%	100%

#### **Agency Management**

**Objective 1:** Transform the District of Columbia to an Age-Friendly City, an inclusive and accessible urban environment that encourages active and healthy aging for all residents, particularly seniors.

Objective 2: Oversee the implementation of agencywide priorities.

## **KEY PERFORMANCE INDICATORS**

**Agency Management** 

	FY 2013	FY 2014	FY 2014	FY 2015	FY 2016	FY 2017
Measure	Actual	Target	Actual	Projection	Projection	Projection
Average annual amount DCOA saves an older adult that receives services in the community rather than institutional care	Not Available	Not Available	Not Available	\$10,364	\$10,675	\$10,995
Average annual amount DCOA saves an older adult that regularly participates in services that promote aging in place	Not Available	Not Available	Not Available	\$4,907	\$5,055	\$5,206
Number of seniors attending "Money Smart for Older Adults" training	Not Available	Not Available	Not Available	1,000	1,250	1,500
Number of Veterans enrolled in Vet Director- Home and Community Based Services (VD-HCBS) program	1	Not Available	1	10	20	35